



## Sweet Sleep Blessed Sleep Every Night

IF YOU FOLLOW THIS ADVICE!

The sedentary habits to which most girls and women were addicted before the war, with tight corsets, waists, and lack of exercise in the out-door air, brought about intestinal sluggishness. If a girl's appearance is pallid and eyes dull, movements languid, perhaps pimples on a sallow skin, dark circles under eyes and fed breath—she should be advised to keep her system clean. Don't allow food to ferment in the intestines, thus giving the body a chance to absorb poisons! Anything from a headache to a most serious nervous breakdown may result from constipation. If you can't sleep nights, if your head feels dull and thick, it may be due, and probably is, to auto-intoxication. This is the time to heed the warning and do not hesitate to take castor oil—or that well-known, tiny pellet, made up of May-apple, aloes and jalap, and sold by every druggist in the land as Dr. Pierce's Pleasant Pellets. An occasional dose of these vegetable pellets—at least once a week—will keep the bowels clean, the eyes bright, the skin clear, and you can sleep throughout the night. Next morning, you feel fresh, strong and happy.

Before an insurance company will take a risk on your life the examining physician will test the urine and report whether you are a good risk. When your kidneys get sluggish and clog, you suffer from backache, sick-headache, dizzy spells, or the twinges and pains of lumbago, rheumatism and gout. The urine is often cloudy, full of sediment; sleep is disturbed two or three times a night. This is the time you should consult some physician of wide experience—such as the specialists at Doctor Pierce's Invalids' Hotel and Surgical Institute, Buffalo, N. Y. Send 10 cents for sample package of the new discovery, "Anuric" (anti-uric-acid). Write your symptoms and send a sample of urine for test. Experience proves that "Anuric" is a most potent agent in dissolving uric acid, as hot coffee melts sugar; besides being absolutely harmless it is endowed with other properties, for it preserves the kidneys in a healthy condition by thoroughly cleansing them—being many times more active than lithia.

Ask the druggist for "Anuric" (anti-uric-acid) put up by Doctor Pierce, in sixty-cent packages.

## COAL PRICE NOT BE CHANGED

Enough on Hand for Private Consumers to Last Until Jan. 1.

Local prices of coal will not be advanced because of the strike of bituminous coal miners and because of the fact that there is no need for alarm on the part of the people of Memphis, according to an announcement by Wm. D. Kyser, United States district attorney, just prior to his departure for Cincinnati.

Coal dealers have assured me that there will be no increase in the price of coal to the consumer," Mr. Kyser stated, "and by husbanding the supply there is a sufficient amount of coal already on hand in Memphis to last until Jan. 1."

If the consuming public gets panicky, however, and purchases more coal than it actually needs, the supply may dwindle and in that event somebody may suffer for the lack of coal, unless, of course, the strike of coal miners is settled beforehand.

Conferences were held Tuesday by representatives of local coal dealers and the district attorney and at these conferences the situation was thoroughly canvassed. Figures setting forth the normal consumption of coal in Memphis, together with data relative to the supply on hand were furnished to the district attorney and the announcement made by Mr. Kyser followed this meeting.

The principal danger, according to Mr. Kyser, is from the panic and unless it co-operates to the fullest extent the efforts of the representatives of the government will go for naught. In the opinion of the district attorney and his co-workers, if the people of Memphis will not permit themselves to become alarmed over unfounded rumors as to coal shortages and use their best judgment in the conservation and purchase of fuel, Memphis will be in excellent shape.

Full details as to the prices of various grades of coal, as fixed by the government, have not been received by the district attorney, but at any rate the government prices do not apply to coal already on hand, and it is highly improbable that additional shipments of coal will be received in Memphis at an early date. For this reason the present scale of prices on coal will be continued and the district attorney has the assurance of the coal dealers that no increase in price will be asked.

Mr. Kyser requested that the public be urged to co-operate with the government by purchasing only such amounts of coal as it actually needs, conserve the coal by eliminating unnecessary fires and in every way husbanding the supply, and above all not to allow itself to be stampeded by unfounded rumors or statements as to a coal shortage when such a condition does not exist.

Some Political Snap Shots Just Fired At Random

BY A. J. FORBES.

This campaign has been an unusual one in many ways. The political advertisements have been a change from the conventional, and the street posters even have partaken more of the artistic, in deference no doubt to the women's influence in the campaign.

For the first time all five candidates on one ticket, that of the Citizens' League, have appeared in the "street movies" bowing and smiling. In that stunt they took the lead, as they have in every move made during the campaign.

Rowlett Paine and every other candidate has been cheered and applauded by thousands at the movie theaters. And on the other hand, scarcely a hand claps the cars showing the names of the Williams candidates. Straws show which way the wind blows, and anyone who sees a movie show can see that the picture of Mr. Paine is a winner.

Then there's the picture of little "Sugar Paine" and her handsome daddy, that one seen in the street cars, and all over town. "Sugar" is a winner with the ladies.

"I declare," said one pretty voter, as she looked up at the card in a street car. "Aunt Mr. Paine is the handsomest thing. He is better looking than the man in the collar ad. And ain't that baby cute? I'm sure going to vote for Mr. Paine."

Just another little straw, but it seemed to be blowing the right way for the success of the Citizens' League. But far be it from me to hint that Rowlett Paine is running on his looks. He's a big, upstanding citizen, a man of determination and force, and if you do not believe it you should hear some of his political speeches.

A number of members of organized labor are going to vote for both candidates representing the labor element on the two tickets—Horace Johnson, printer, candidate for commissioner of public utilities, grounds and buildings, on the Citizens' League ticket, and Oscar I. Kruger, leather worker, one of Mr. Williams' running mates.

A number of former soldiers, and there are about 6,000 of them registered, they say, intend to vote for both soldiers' candidates. Maj. Tom Allen went overseas as a captain in an engineer unit, and came back a major after being under fire for months with his men. Col. Will Terry went into the war a major of the state guard, and came back a lieutenant-colonel of a pioneer regiment after having been in the thick of the offensive in the Argonne.

Here's a question for the political sharps to figure out then. If Terry and Allen, and Johnson and Kruger should be elected, who would be in the division of the departments?

But just one day before the election it doesn't look as if any such thing will happen. The best bet is that Paine and his entire ticket will win.

Better in the present election are scarce. Williams supporters are making loud street corners that he will be elected by a 3,000 majority—but they don't bet that way. Not a bet has been placed, except on the proposition that Mr. Williams will be elected, and usually the gambling fraternity is supporting him to a man—quality that is, the crowd that he will be "elected on the face of the returns."

Something queer about that kind of bet. At the last election he has been made, although some gentlemen of a sporting turn of mind have stood ready for a week or two to put up good coin on the straight proposition that Paine will be elected.

The known fact that Mr. Williams is ineligible to hold the office of mayor under the state law and the city charter, which requires a candidate to have been "a bona fide resident (of the city)" for five years next preceding the election, has not been a factor in the election. Mr. Williams has some thousands of votes probably. He admits that he registered, signed the oath and voted in Born Lake, N. C., in 1912.

His committee has claimed that some lawyer holds that the city charter is unconstitutional. W. P. Armstrong, in a dozen campaign speeches, has challenged the Williams committee to produce or print that opinion, but it has not yet seen the light of publicity.

"Must slinging" about the Williams supporters every time any reference is made by speakers for the Citizens' League.

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TOO HARD



TOO SOFT



JUST RIGHT

## Three kinds of rubber —but only one right kind for heels

WHAT kind of rubber are your heels made of?

Rubber itself may be brittle and hard as in a pipe-stem

—or soft and crumbly as in an eraser.

Rubber varies widely according to the method of compounding.

Ordinary hard rubber heels are "dead"—like old-fashioned leather heels. With heels like these you are pounding away your energy. You take 8,000 steps a day on unyielding pavements and office floors. That means 8,000 shocks to your nervous system—a constant drain on your energy.

Like leather heels, too, ordinary hard rubber heels wear down easily. They do not stand up under the grind of your daily walking.

Making heels "live and durable—just right"

Rubber for your heels must be neither too hard nor too soft—but a third special kind of rubber that requires the greatest skill in compounding. It must be both extremely springy and extremely tough.

To secure the resiliency and durability of O'Sullivan's Heels, the highest grades of rubber are "compounded" with the best toughening agents known. The compound is then "cured" or baked under high pressure. By this

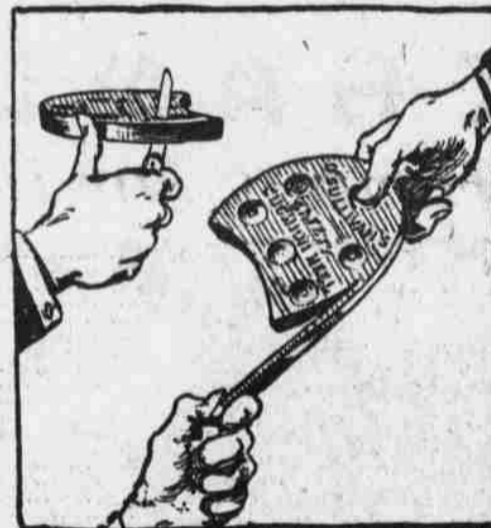
special process the greatest resiliency is combined with the utmost durability.

That is why O'Sullivan's Heels absorb the shocks of walking so completely.

That is why they stand up so long under the grind of your 8,000 daily steps.

O'Sullivan's Heels are guaranteed to wear twice as long as ordinary rubber heels; and will outlast three pairs of leather heels.

Go to your shoe repairer today and have O'Sullivan's Heels put on your shoes.



An O'Sullivan Heel can be cut and stretched as shown above. With an ordinary rubber heel the material snaps in two with little stretching. This test shows the remarkable resiliency and durability of O'Sullivan's Heels.

## O'Sullivan's Heels

Absorb the shocks that tire you out

Copyrighted, 1919 by O'S. R. Co.

## Careful, Reliable Dentistry

We offer you the services of qualified, expert dentists at the LOWEST FEES consistent with the BEST WORK.

Perfect Fit—\$5.00 up  
ting Teeth

CROWNS AND  
BRIDGEWORK

\$4.00 up



No matter how hard or flat your mouth or how many unsatisfactory sets of teeth you have had, made, we guarantee to make you a set that will fit, look natural and that you can eat with, or it will cost you nothing.

Sets of teeth as low as \$5. Porcelain, gold, aluminum and fine rubber plates up to \$50.

Best quality porcelain, life-like facings, backed with solid gold. Guaranteed high-class workmanship and material. Per tooth, \$4 up.

Gold Inlay, Porcelain, Cement and Amalgam Fillings at ABOUT HALF USUAL PRICES.

We specialize in extraction of teeth with gas or with local anesthetic, as desired or indicated.

Dr. H. H. Fairfax, Dentist  
Cor. Main and Madison

Entrance from Main or directly across from old office on Madison.

Money to Loan

—To buy new and second-hand automobiles  
—On used cars in service or in storage  
—On Real Estate Mortgages or other good security.

Prompt Service—Liberal Terms  
Citizens Loan & Trust Company  
Commercial Bankers  
81-82 Porter Bldg. Phone, Main 3416-3417

## SUPERFLUOUS HAIR WHY IT INCREASES

Hair growth is stimulated and its frequent removal is necessary when merely removed from the surface of the skin. The only logical and practical way to remove hair is to attack it under the skin. The original cause of the hair, does this by absorption.

Only genuine DeMicare has a money-back guarantee. Each package contains 60¢, \$1 and \$3 sizes, or by mail from \$1.00. In plain wrapper on receipt of price. FREE book mailed in plain sealed envelope on request. DeMicare, 120th St. and Park Ave., New York.

## WATER MONSTER STILL REIGNS AT SCOوبا

SCOوبا, Miss., Nov. 12 (Sp.)—There continues to be much speculation regarding the "sea monster" at this place, and many theories regarding it are being advanced. One very imaginative man says that it is probably a mermaid. Those who have seen it, though, say that it is something very much like a bulldog. All unite in saying that its body seems bullet proof. It has been shot at many times with buckshot and still wades around in the water or bolls on the bank when it feels so inclined.

On Tuesday afternoon a crowd of white men and negroes stood back some distance and saw it walking leisurely through the water, but at the first crack of the gun it withdrew into the water and remained there for a little while and then warily thrust its head up and cast its eyes around at the spectators. No one can imagine what it is, but the men all say that they are going to get it if it isn't a "spirit" as the negroes are all beginning to think it is.

A political advertisement by the Williams campaign committee carries two paragraphs showing the tax rate during Williams administration, and the bond issues during other administrations with a blank space and the words "no bonds" from 1898 to 1905, when Mr. Williams was mayor.

But the records show, in fact, that under Mr. Williams' administration \$2,750,000 of bonds were issued.

Why deny it? They were for a good purpose, to buy the waterworks and the park grounds. Let's give Mr. Williams credit for what good things he did. But let's tell the truth.

At Monday night's rally Mr. Williams forgot himself and seemed to think he was at a negro rally. He went at length into the plea that he was a friend of the colored people, and always had been, and announced that "we must show the colored people that we are their friends."

Perhaps some of the respectable colored men or women have complained at being ordered by the police to register, turn over their registration papers to them, and be ready to "vote right" on Thursday.

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NEWBERN, Tenn., Nov. 5. (Sp.)—Elder F. O. Howell, of Union, Tenn., has accepted the pastorate of the Church of Christ, four miles east of Newbern, to fill the vacancy of Rev. T. M. Carney, of Union City, Tenn., who resigned to accept a new field of work in Texas, where he has recently moved. Rev. Howell will deliver his first sermon Sunday, Nov. 9.

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## HICKMAN RED CROSS ELECTS ITS OFFICERS

HICKMAN, Ky., Nov. 5. (Sp.)—At the annual meeting of the Hickman chapter, American Red Cross, election of officers was had for the ensuing year as follows: Executive committee, consisting of 10 members. The executive committee then elected its officers as follows: Mrs. L. L. McMakin, chairman; Mrs. T. T. Swayne, vice-chairman; Miss Carrie May Reid, secretary; and Rev. W. F. Renneberg, treasurer. After election of executive committee officers, the executive committee elected H. L. Amberg as chairman of the Hickman chapter.

## COMES HOME TO JAIL.

JONESBORO, Ark., Nov. 5. (Sp.)—Jim Johnson, who recently returned from Texas, was fined \$50 and 30 days in jail on a charge of wife desertion. He had been absent from the city for six months and had not given anything to the support of his family. His wife is living with her mother.

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## FLU and PNEUMONIA

REMEMBER WHAT HAPPENED LAST FALL?

Don't Take a Chance This Time—Keep a Big 25c Jar of

## FLUMONIA

The New Fuming and Rubbing Salve, on Hand and Head Off These Serious Illnesses.

25 Cents at All Dealers

Fine for Deep Colds, Sore Throat, Croup, Etc.

MANUFACTURED IN THE LABORATORIES OF

Van Vleet-Mansfield Drug Co.

MEMPHIS, TENNESSEE.

(THE SOUTH'S LARGEST WHOLESALE DRUGGISTS)

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